

Table of Contents

SNAP Figures.....	1
By State.....	1
By Congressional District.....	2
Top Districts.....	12

By State

SNAP Recipients by State (January 2025)		
State / Territory	Total Recipients	Total Households
Alabama	742,614	372,801
Alaska	63,474	30,550
Arizona	898,476	449,720
Arkansas	239,627	126,711
California	5,496,920	3,235,148
Colorado	620,478	336,172
Connecticut	377,990	224,287
Delaware	119,497	60,447
District of Columbia	141,346	86,694
Florida	3,026,108	1,703,936
Georgia	1,604,479	757,558
Guam	33,011	12,424
Hawaii	155,843	81,329
Idaho	134,855	67,894
Illinois	1,908,007	1,048,618
Indiana	600,776	286,243
Iowa	261,142	127,952
Kansas	187,290	92,946
Kentucky	582,803	276,207
Louisiana	825,467	406,933
Maine	171,238	101,447
Maryland	680,346	377,936
Massachusetts	1,098,366	674,362
Michigan	1,508,947	799,309
Minnesota	451,151	235,854
Mississippi	369,036	182,174
Missouri	659,962	324,222
Montana	80,591	41,610

Nebraska	151,994	75,036
Nevada	503,643	272,898
New Hampshire	76,174	42,698
New Jersey	830,058	441,686
New Mexico	471,266	255,717
New York	2,974,909	1,751,989
North Carolina	1,483,773	739,864
North Dakota	55,532	28,179
Ohio	1,444,052	734,096
Oklahoma	701,611	342,647
Oregon	774,581	451,925
Pennsylvania	1,984,515	1,083,559
Rhode Island	138,264	87,682
South Carolina	569,075	271,014
South Dakota	75,412	37,736
Tennessee	695,903	344,777
Texas	3,489,634	1,606,959
Utah	178,282	90,132
Vermont	65,808	39,478
Virginia	822,941	423,797
Virgin Islands	21,590	10,926
Washington	906,403	527,708
West Virginia	273,926	146,405
Wisconsin	700,370	371,372
Wyoming	28,334	13,513
TOTAL	42,457,890	22,713,277
Source: USDA		

By Congressional District

State	Congressional District	Households Receiving SNAP (as of 2023)
Alabama	Congressional District 1	38,727
Alabama	Congressional District 2	45,922
Alabama	Congressional District 3	42,643
Alabama	Congressional District 4	40,443
Alabama	Congressional District 5	24,698
Alabama	Congressional District 6	25,353
Alabama	Congressional District 7	65,168
Alaska	At Large	27,087
Arizona	Congressional District 1	18,708

Arizona	Congressional District 2	41,751
Arizona	Congressional District 3	46,138
Arizona	Congressional District 4	27,003
Arizona	Congressional District 5	13,888
Arizona	Congressional District 6	29,865
Arizona	Congressional District 7	56,430
Arizona	Congressional District 8	29,079
Arizona	Congressional District 9	31,289
Arkansas	Congressional District 1	37,622
Arkansas	Congressional District 2	18,993
Arkansas	Congressional District 3	14,230
Arkansas	Congressional District 4	31,720
California	Congressional District 1	49,278
California	Congressional District 2	37,572
California	Congressional District 3	22,109
California	Congressional District 4	35,505
California	Congressional District 5	32,331
California	Congressional District 6	45,910
California	Congressional District 7	40,067
California	Congressional District 8	35,220
California	Congressional District 9	34,798
California	Congressional District 10	17,739
California	Congressional District 11	38,218
California	Congressional District 12	44,561
California	Congressional District 13	47,708
California	Congressional District 14	21,192
California	Congressional District 15	20,152
California	Congressional District 16	13,924
California	Congressional District 17	16,551
California	Congressional District 18	29,897
California	Congressional District 19	20,829
California	Congressional District 20	43,912
California	Congressional District 21	67,587
California	Congressional District 22	60,580
California	Congressional District 23	49,769
California	Congressional District 24	28,958
California	Congressional District 25	55,925
California	Congressional District 26	20,653
California	Congressional District 27	35,250
California	Congressional District 28	27,880
California	Congressional District 29	46,463
California	Congressional District 30	51,094
California	Congressional District 31	37,040
California	Congressional District 32	29,069
California	Congressional District 33	38,260

California	Congressional District 34	61,624
California	Congressional District 35	35,309
California	Congressional District 36	20,323
California	Congressional District 37	58,079
California	Congressional District 38	28,464
California	Congressional District 39	35,151
California	Congressional District 40	14,993
California	Congressional District 41	30,709
California	Congressional District 42	41,219
California	Congressional District 43	49,468
California	Congressional District 44	44,773
California	Congressional District 45	29,268
California	Congressional District 46	32,720
California	Congressional District 47	18,959
California	Congressional District 48	22,076
California	Congressional District 49	16,983
California	Congressional District 50	24,364
California	Congressional District 51	34,130
California	Congressional District 52	38,733
Colorado	Congressional District 1	31,738
Colorado	Congressional District 2	17,808
Colorado	Congressional District 3	45,367
Colorado	Congressional District 4	20,428
Colorado	Congressional District 5	26,624
Colorado	Congressional District 6	25,501
Colorado	Congressional District 7	21,641
Colorado	Congressional District 8	29,494
Connecticut	Congressional District 1	40,993
Connecticut	Congressional District 2	28,150
Connecticut	Congressional District 3	37,671
Connecticut	Congressional District 4	27,705
Connecticut	Congressional District 5	37,765
Delaware	At Large	47,228
District of Columbia	At Large	50,400
Florida	Congressional District 1	28,804
Florida	Congressional District 2	40,853
Florida	Congressional District 3	39,137
Florida	Congressional District 4	46,325
Florida	Congressional District 5	26,980
Florida	Congressional District 6	44,202
Florida	Congressional District 7	30,326
Florida	Congressional District 8	27,096
Florida	Congressional District 9	45,005
Florida	Congressional District 10	51,358
Florida	Congressional District 11	24,997

Florida	Congressional District 12	34,496
Florida	Congressional District 13	29,738
Florida	Congressional District 14	50,054
Florida	Congressional District 15	41,844
Florida	Congressional District 16	24,029
Florida	Congressional District 17	24,667
Florida	Congressional District 18	51,276
Florida	Congressional District 19	20,721
Florida	Congressional District 20	50,958
Florida	Congressional District 21	26,497
Florida	Congressional District 22	32,759
Florida	Congressional District 23	19,142
Florida	Congressional District 24	61,981
Florida	Congressional District 25	32,715
Florida	Congressional District 26	63,076
Florida	Congressional District 27	51,048
Florida	Congressional District 28	46,046
Georgia	Congressional District 1	43,424
Georgia	Congressional District 2	67,385
Georgia	Congressional District 3	36,060
Georgia	Congressional District 4	35,985
Georgia	Congressional District 5	47,780
Georgia	Congressional District 6	8,985
Georgia	Congressional District 7	21,971
Georgia	Congressional District 8	51,587
Georgia	Congressional District 9	28,611
Georgia	Congressional District 10	31,026
Georgia	Congressional District 11	17,912
Georgia	Congressional District 12	49,192
Georgia	Congressional District 13	35,969
Georgia	Congressional District 14	38,013
Hawaii	Congressional District 1	25,463
Hawaii	Congressional District 2	28,735
Idaho	Congressional District 1	20,368
Idaho	Congressional District 2	30,718
Illinois	Congressional District 1	75,492
Illinois	Congressional District 2	70,127
Illinois	Congressional District 3	37,293
Illinois	Congressional District 4	43,328
Illinois	Congressional District 5	18,035
Illinois	Congressional District 6	25,157
Illinois	Congressional District 7	74,207
Illinois	Congressional District 8	24,440
Illinois	Congressional District 9	31,397
Illinois	Congressional District 10	21,400

Illinois	Congressional District 11	23,614
Illinois	Congressional District 12	50,371
Illinois	Congressional District 13	56,472
Illinois	Congressional District 14	34,048
Illinois	Congressional District 15	38,568
Illinois	Congressional District 16	29,012
Illinois	Congressional District 17	64,145
Indiana	Congressional District 1	30,918
Indiana	Congressional District 2	22,430
Indiana	Congressional District 3	24,335
Indiana	Congressional District 4	20,129
Indiana	Congressional District 5	27,943
Indiana	Congressional District 6	28,377
Indiana	Congressional District 7	34,418
Indiana	Congressional District 8	29,683
Indiana	Congressional District 9	20,252
Iowa	Congressional District 1	28,793
Iowa	Congressional District 2	29,942
Iowa	Congressional District 3	31,100
Iowa	Congressional District 4	26,872
Kansas	Congressional District 1	18,101
Kansas	Congressional District 2	28,018
Kansas	Congressional District 3	8,130
Kansas	Congressional District 4	26,552
Kentucky	Congressional District 1	40,555
Kentucky	Congressional District 2	34,899
Kentucky	Congressional District 3	38,069
Kentucky	Congressional District 4	28,056
Kentucky	Congressional District 5	68,468
Kentucky	Congressional District 6	32,358
Louisiana	Congressional District 1	31,251
Louisiana	Congressional District 2	63,619
Louisiana	Congressional District 3	53,099
Louisiana	Congressional District 4	61,630
Louisiana	Congressional District 5	70,838
Louisiana	Congressional District 6	39,280
Maine	Congressional District 1	25,082
Maine	Congressional District 2	52,334
Maryland	Congressional District 1	34,114
Maryland	Congressional District 2	20,370
Maryland	Congressional District 3	21,342
Maryland	Congressional District 4	33,415
Maryland	Congressional District 5	20,763
Maryland	Congressional District 6	30,143
Maryland	Congressional District 7	69,290

Maryland	Congressional District 8	17,936
Massachusetts	Congressional District 1	73,919
Massachusetts	Congressional District 2	48,389
Massachusetts	Congressional District 3	54,632
Massachusetts	Congressional District 4	43,055
Massachusetts	Congressional District 5	28,071
Massachusetts	Congressional District 6	33,224
Massachusetts	Congressional District 7	68,907
Massachusetts	Congressional District 8	44,866
Massachusetts	Congressional District 9	44,230
Michigan	Congressional District 1	42,670
Michigan	Congressional District 2	45,719
Michigan	Congressional District 3	37,959
Michigan	Congressional District 4	34,398
Michigan	Congressional District 5	38,710
Michigan	Congressional District 6	23,734
Michigan	Congressional District 7	30,044
Michigan	Congressional District 8	59,113
Michigan	Congressional District 9	31,175
Michigan	Congressional District 10	43,943
Michigan	Congressional District 11	30,477
Michigan	Congressional District 12	67,938
Michigan	Congressional District 13	88,860
Minnesota	Congressional District 1	25,041
Minnesota	Congressional District 2	13,961
Minnesota	Congressional District 3	15,302
Minnesota	Congressional District 4	28,290
Minnesota	Congressional District 5	31,728
Minnesota	Congressional District 6	16,779
Minnesota	Congressional District 7	27,112
Minnesota	Congressional District 8	28,024
Mississippi	Congressional District 1	28,288
Mississippi	Congressional District 2	54,481
Mississippi	Congressional District 3	33,854
Mississippi	Congressional District 4	34,319
Missouri	Congressional District 1	48,756
Missouri	Congressional District 2	10,446
Missouri	Congressional District 3	20,005
Missouri	Congressional District 4	31,484
Missouri	Congressional District 5	33,004
Missouri	Congressional District 6	23,321
Missouri	Congressional District 7	37,718
Missouri	Congressional District 8	41,373
Montana	Congressional District 1	16,770
Montana	Congressional District 2	18,688

Nebraska	Congressional District 1	18,722
Nebraska	Congressional District 2	23,383
Nebraska	Congressional District 3	21,186
Nevada	Congressional District 1	52,863
Nevada	Congressional District 2	29,014
Nevada	Congressional District 3	30,826
Nevada	Congressional District 4	47,270
New Hampshire	Congressional District 1	18,500
New Hampshire	Congressional District 2	17,416
New Jersey	Congressional District 1	36,187
New Jersey	Congressional District 2	37,038
New Jersey	Congressional District 3	15,545
New Jersey	Congressional District 4	18,823
New Jersey	Congressional District 5	12,643
New Jersey	Congressional District 6	26,318
New Jersey	Congressional District 7	10,831
New Jersey	Congressional District 8	47,475
New Jersey	Congressional District 9	44,865
New Jersey	Congressional District 10	57,312
New Jersey	Congressional District 11	12,182
New Jersey	Congressional District 12	22,942
New Mexico	Congressional District 1	48,874
New Mexico	Congressional District 2	67,323
New Mexico	Congressional District 3	55,080
New York	Congressional District 1	17,888
New York	Congressional District 2	25,389
New York	Congressional District 3	18,127
New York	Congressional District 4	15,565
New York	Congressional District 5	53,011
New York	Congressional District 6	47,296
New York	Congressional District 7	60,975
New York	Congressional District 8	91,827
New York	Congressional District 9	60,804
New York	Congressional District 10	46,519
New York	Congressional District 11	44,513
New York	Congressional District 12	19,777
New York	Congressional District 13	104,754
New York	Congressional District 14	76,727
New York	Congressional District 15	124,749
New York	Congressional District 16	35,730
New York	Congressional District 17	18,264
New York	Congressional District 18	32,532
New York	Congressional District 19	42,553
New York	Congressional District 20	35,618
New York	Congressional District 21	42,889

New York	Congressional District 22	48,927
New York	Congressional District 23	44,589
New York	Congressional District 24	41,123
New York	Congressional District 25	51,737
New York	Congressional District 26	65,249
North Carolina	Congressional District 1	61,837
North Carolina	Congressional District 2	17,591
North Carolina	Congressional District 3	48,791
North Carolina	Congressional District 4	26,796
North Carolina	Congressional District 5	41,846
North Carolina	Congressional District 6	48,147
North Carolina	Congressional District 7	50,230
North Carolina	Congressional District 8	40,218
North Carolina	Congressional District 9	47,243
North Carolina	Congressional District 10	39,389
North Carolina	Congressional District 11	39,144
North Carolina	Congressional District 12	34,245
North Carolina	Congressional District 13	28,698
North Carolina	Congressional District 14	29,132
North Dakota	At Large	24,012
Ohio	Congressional District 1	41,016
Ohio	Congressional District 2	44,366
Ohio	Congressional District 3	33,971
Ohio	Congressional District 4	33,441
Ohio	Congressional District 5	31,766
Ohio	Congressional District 6	51,844
Ohio	Congressional District 7	22,159
Ohio	Congressional District 8	29,989
Ohio	Congressional District 9	45,281
Ohio	Congressional District 10	43,450
Ohio	Congressional District 11	75,389
Ohio	Congressional District 12	38,988
Ohio	Congressional District 13	45,546
Ohio	Congressional District 14	36,945
Ohio	Congressional District 15	37,469
Oklahoma	Congressional District 1	43,495
Oklahoma	Congressional District 2	59,132
Oklahoma	Congressional District 3	50,917
Oklahoma	Congressional District 4	46,107
Oklahoma	Congressional District 5	39,658
Oregon	Congressional District 1	41,401
Oregon	Congressional District 2	62,796
Oregon	Congressional District 3	48,552
Oregon	Congressional District 4	59,575
Oregon	Congressional District 5	35,682

Oregon	Congressional District 6	45,918
Pennsylvania	Congressional District 1	24,638
Pennsylvania	Congressional District 2	93,139
Pennsylvania	Congressional District 3	80,722
Pennsylvania	Congressional District 4	24,589
Pennsylvania	Congressional District 5	38,898
Pennsylvania	Congressional District 6	29,281
Pennsylvania	Congressional District 7	40,011
Pennsylvania	Congressional District 8	58,869
Pennsylvania	Congressional District 9	44,197
Pennsylvania	Congressional District 10	38,134
Pennsylvania	Congressional District 11	32,791
Pennsylvania	Congressional District 12	49,205
Pennsylvania	Congressional District 13	47,296
Pennsylvania	Congressional District 14	58,108
Pennsylvania	Congressional District 15	46,442
Pennsylvania	Congressional District 16	54,353
Pennsylvania	Congressional District 17	34,817
Rhode Island	Congressional District 1	34,112
Rhode Island	Congressional District 2	24,233
South Carolina	Congressional District 1	18,156
South Carolina	Congressional District 2	30,368
South Carolina	Congressional District 3	34,938
South Carolina	Congressional District 4	26,526
South Carolina	Congressional District 5	32,422
South Carolina	Congressional District 6	50,594
South Carolina	Congressional District 7	40,649
South Dakota	Congressional District	28,499
Tennessee	Congressional District 1	35,556
Tennessee	Congressional District 2	25,276
Tennessee	Congressional District 3	33,719
Tennessee	Congressional District 4	29,232
Tennessee	Congressional District 5	14,693
Tennessee	Congressional District 6	28,659
Tennessee	Congressional District 7	27,782
Tennessee	Congressional District 8	36,406
Tennessee	Congressional District 9	54,198
Texas	Congressional District 1	38,322
Texas	Congressional District 2	20,812
Texas	Congressional District 3	13,021
Texas	Congressional District 4	17,227
Texas	Congressional District 5	29,705
Texas	Congressional District 6	23,803
Texas	Congressional District 7	35,219
Texas	Congressional District 8	27,825

Texas	Congressional District 9	46,454
Texas	Congressional District 10	25,841
Texas	Congressional District 11	33,250
Texas	Congressional District 12	29,524
Texas	Congressional District 13	31,148
Texas	Congressional District 14	36,229
Texas	Congressional District 15	57,254
Texas	Congressional District 16	51,200
Texas	Congressional District 17	37,844
Texas	Congressional District 18	55,036
Texas	Congressional District 19	36,529
Texas	Congressional District 20	45,200
Texas	Congressional District 21	14,718
Texas	Congressional District 22	23,890
Texas	Congressional District 23	34,380
Texas	Congressional District 24	11,332
Texas	Congressional District 25	25,190
Texas	Congressional District 26	13,122
Texas	Congressional District 27	39,945
Texas	Congressional District 28	53,939
Texas	Congressional District 29	54,139
Texas	Congressional District 30	39,824
Texas	Congressional District 31	21,780
Texas	Congressional District 32	28,613
Texas	Congressional District 33	35,712
Texas	Congressional District 34	65,313
Texas	Congressional District 35	42,052
Texas	Congressional District 36	37,555
Texas	Congressional District 37	17,372
Texas	Congressional District 38	16,150
Utah	Congressional District 1	15,796
Utah	Congressional District 2	19,331
Utah	Congressional District 3	13,182
Utah	Congressional District 4	12,809
Vermont	At Large	27,861
Virginia	Congressional District 1	20,341
Virginia	Congressional District 2	24,280
Virginia	Congressional District 3	52,669
Virginia	Congressional District 4	46,097
Virginia	Congressional District 5	42,744
Virginia	Congressional District 6	31,978
Virginia	Congressional District 7	24,109
Virginia	Congressional District 8	18,891
Virginia	Congressional District 9	57,537
Virginia	Congressional District 10	9,926

Virginia	Congressional District 11	9,358
Washington	Congressional District 1	19,863
Washington	Congressional District 2	38,465
Washington	Congressional District 3	42,935
Washington	Congressional District 4	50,367
Washington	Congressional District 5	51,565
Washington	Congressional District 6	40,834
Washington	Congressional District 7	23,091
Washington	Congressional District 8	21,490
Washington	Congressional District 9	42,083
Washington	Congressional District 10	40,897
West Virginia	Congressional District 1	74,762
West Virginia	Congressional District 2	61,428
Wisconsin	Congressional District 1	37,790
Wisconsin	Congressional District 2	27,442
Wisconsin	Congressional District 3	34,393
Wisconsin	Congressional District 4	69,293
Wisconsin	Congressional District 5	18,375
Wisconsin	Congressional District 6	30,287
Wisconsin	Congressional District 7	36,076
Wisconsin	Congressional District 8	31,292
Wyoming	At Large	13,188

[USDA, [3/17/25](#)]

Top Districts

	State	Congressional District	Households Receiving SNAP (as of 2023)
1	New York	Congressional District 15	124,749
2	New York	Congressional District 13	104,754
3	Pennsylvania	Congressional District 2	93,139
4	New York	Congressional District 8	91,827
5	Michigan	Congressional District 13	88,860
6	Pennsylvania	Congressional District 3	80,722
7	New York	Congressional District 14	76,727
8	Illinois	Congressional District 1	75,492
9	Ohio	Congressional District 11	75,389
10	West Virginia	Congressional District 1	74,762
11	Illinois	Congressional District 7	74,207
12	Massachusetts	Congressional District 1	73,919
13	Louisiana	Congressional District 5	70,838

1			
4	Illinois	Congressional District 2	70,127
1			
5	Wisconsin	Congressional District 4	69,293
1			
6	Maryland	Congressional District 7	69,290
1			
7	Massachusetts	Congressional District 7	68,907
1			
8	Kentucky	Congressional District 5	68,468
1			
9	Michigan	Congressional District 12	67,938
2			
0	California	Congressional District 21	67,587